



**Your Online Resource**

- [www.spongeandsparkle.com](http://www.spongeandsparkle.com)
- [spongeandsparkle.com/blog](http://spongeandsparkle.com/blog)
- <https://twitter.com/sparklesponge>
- [www.facebook.com/SpongeandSparkle](http://www.facebook.com/SpongeandSparkle)
- <https://www.pinterest.com/samdog/>
- <http://www.instagram.com/spongeandsparkle>



*"Why should I not sit, every morning of my life, on the hillside, looking into the shining world"*  
Mary Oliver

**Ideas and Tricks!**

I don't know about you, but our garbage bags are always leaking, and then we end up with a big smelly mess in the bottom of our trash can.

The solution is so simple (yet I had not thought of it). All you need to do is to layer some newspapers in the bottom of the can! It will soak up all the liquids! And you get to repurpose old newspapers, too!

I saw this on the internet and thought it was a great idea! What to do when you need a gallon size Ziploc bag? So, when you need a bigger baggie and only have the smaller ones, flip one of the Ziploc bags inside out!! Then you can combine the two bags and interlock their locking strips! Genius!

**Hello dear friends.**

At the end of October, it will be a year since the unexpected passing of Cindy, our loved office manager of 38 years. We still miss her happy presence, and we honor her legacy by trying to emulate the high bar she raised for all of us.

Caprice has very capably taken over the role of office manager, but we need an office assistant. Cameron, who has been in that role, will be retiring at the end of September. The hours are part time — 6:30am to about 11:30am or so Monday thru Friday. The starting time is early, since we need to be in the office to get everything ready for the Sparklers to start their day in an organized and timely way.

This would be a great job for a retired person who likes people! So just putting the word out in case you know of someone!!

**Five Household Hazards** (AARP MAGAZINE DEC 2014)

**Lint in your dryer**

Leaving lint in the lint trap, or worse, in the interior of your dryer, can lead to a fire. Clean the lint trap after every use and be sure that it hasn't accumulated anywhere else in the machine.

**Aluminum Wiring**

Homes built with aluminum wiring are 55 times more likely those with copper wiring, to go up in smoke, and the odds of a fire increase every year, If your home was built before 1972, have an electrician check your wiring.

**Paper Towels**

This common item causes a surprising number of kitchen fires., and if you use recycled paper towels the minute metal flecks can ignite if you put them in the microwave!

Keep the paper towels far from ovens and toasters, and don't use them in the microwave.

**Humidifiers**

These are great for dry skin and cracked lips, but dirty reservoirs and filters breed mold and bacteria, putting you at risk from contaminated mist or steam. Change the water daily, and clean the tank often, drying it thoroughly when not using.

**Fireplaces and chimneys**

Creosote caked chimneys can cause explosive fires or let carbon monoxide seep into the home. Hire a chimney sweep, and when you burn fires always have a screen in front of your logs to keep the embers where they belong.



## Tuna, Celery and White Bean Salad Recipe

- 4 To 6 stalks of Celery Chopped
- 1 - 15 oz can Cannellini Beans, drained and rinsed
- 3 tablespoons fresh Lemon Juice
- 1 clove Garlic, minced or finely grated
- fine salt/pepper
- ½ bunch Fresh Parsley, Chopped
- 1 - 6 to 8 oz can of Tuna in olive oil
- 2 tablespoons Capers in brine



### Instructions:

In a medium bowl, combine celery, beans, lemon juice, garlic and salt. Stir and taste, adding more salt if desired.

Stir in parsley, tuna as well as its oil, and capers. Taste and season with more lemon if desired. Serve at room temperature or cover and refrigerate until needed.

Serves 4

(Atlanta Journal Sept. 11, 2022)



*Thank You!! Thank You!!  
Have a wonderful fall!!!*

P.S. Every time we do a sparkling for you, we will send you a survey the next day.

Please do respond so we know how we are doing. All of us read all the surveys; it helps so much to know how we are doing, and what we might need to improve.

And another important reason is that the sparklers accumulate paid days off, and other bonuses, from their 5 star reviews!



*Thank You, Thank You, Thank You, for Supporting Our Small Business !!!!!*

3666 N. Peachtree Rd., Ste. 300  
Chamblee, GA 30341  
404-633-9652  
Fax: 770-451-3886  
[www.spongeandsparkle.com](http://www.spongeandsparkle.com)